



**SILENT DANCE**  
*Center*

IYENGAR YOGA IN HAWAI'I SINCE 1977

# **Please join us for Ongoing Group Studies of the Yoga Sutras**

**Discussion led by Ana Funes**

**Saturday, January 27**

**Saturday, February 4**

Future dates to be announced in class and posted on the  
Silent Dance Center website.



Ana Funes is currently studying for her PhD in Comparative Philosophy at the University of Hawaii at Manoa. She has specialized in Indian Philosophy and does research on the way the body and mind have been understood within eastern and western traditions. Her Master's thesis is precisely about the relationship between mind and body in the Yoga Sutras of Patañjali and a comparison with the way such relationship is understood in contemporary philosophy and science. In 2008 Ana was invited to give a course on the Philosophy of Yoga for one of the Iyengar Yoga teacher training groups in Mexico City and to give lectures about the History of Yoga for other Yoga Institutions. She is also an Iyengar Yoga practitioner, and her passion for Yoga has led her to explore diverse styles as well as to travel around India observing and experiencing different ways in which the teachings of the yoga tradition are expressed.

For questions e-mail [eveliapineda@gmail.com](mailto:eveliapineda@gmail.com) or call Evelia at 277-0521.

